Food 4 Thought

Monday

Breakfast 🍳 The Skinny Burrito: Egg Whites, Turkey Sausage, Cheese and a blend of Roasted Vegetables in a Tortilla and Pressed Panini Style. $4.75

Soup 🍲 Blount’s Garden Vegetable Soup 4.25/4.95

Scoop n Serve Roasted Lemon Chicken: Oven roasted and sliced, w/ Sautéed Onions, Mushrooms and Baby Spinach in Lemon Wine Sauce with Pasta. 4.25/5.25

Panini 🥪 Maple Mustard Ham & Swiss: Sliced Ham and Swiss Cheese Grilled on a Whole Wheat Ciabatta with Maple Mustard, Arugula, Caramelized Onions and Tomatoes. $6.95

Tuesday

Breakfast 🍳 The Classic Burrito: Salsa, sour cream, scrambled egg, cheddar cheese and choice of bacon or sausage in a tortilla pressed Panini style $5.50

Soup 🍲 Angus Beef Chili w/ Cheddar 4.25/5.95

Exhibition Thai Peanut Chicken over Rice: Crispy Chicken sautéed with Bok Choy, Carrot, Red Peppers and Snow Peas in spiced Peanut sauce over Rice. $7.20

Panini 🥪 The Roxie: Grilled Chicken, Fresh Avocado, Cheddar Cheese, Bacon and Blue Cheese Dressing. Served on your Choice of Roll or Wrap. $6.95

Wednesday

Breakfast 🍳 The Greek Veggie Burrito: Baby Spinach, Caramelized Onion, Diced Tomato, and Eggs. Topped w/ Feta in a Fresh Tortilla and Pressed. $5.50

Soup 🍲 South West Turkey Vegetable Stew 4.25/5.25

Exhibition Grilled Chicken & Broccoli Alfredo Rigatoni: Marinated and Sliced Chicken tossed with a Pesto Alfredo Sauce w/ Broccoli, Onion and Roasted Peppers. $7.20

Panini 🥪 The Plymouth: White Meat Chicken Salad tossed with sliced Grapes, Cheddar Cheese and Mixed Greens on your choice of Roll or Wrap $6.95

Thursday

Breakfast 🍳 The Greek Veggie Burrito: Baby Spinach, Caramelized Onion, Diced Tomato, and Eggs. Topped w/ Feta in a Fresh Tortilla and Pressed. $5.50

Soup 🍲 South West Turkey Vegetable Stew 4.25/5.25

Exhibition Grilled Chicken & Broccoli Alfredo Rigatoni: Marinated and Sliced Chicken tossed with a Pesto Alfredo Sauce w/ Broccoli, Onion and Roasted Peppers. $7.20

Panini 🥪 Blue Boy Chicken and Apple Panini: Sliced Roasted Chicken on a Ciabatta Roll with Crumbled Blue Cheese, Sliced Apples and light Ranch Dressing. Served with House cooked Chips. $6.95

Friday

Breakfast 🍳 TGIF Burrito: Three Eggs, Hash Brown Potato & crispy Bacon with melted Provolone, Garlic and a Tomato Aioli Sauce in a in a Tortilla pressed Panini style. $5.50

Soup 🍲 Blount’s New England Clam Chowder 4.25/5.25

Scoop n Serv. Baked Stuffed Shells: Jumbo Cheese filled Shells baked in a Tomato Basil Sauce. Served with a fresh Wheat Roll. 4.25/5.25

Panini 🥪 The Plymouth: White Meat Chicken Salad tossed with sliced Grapes, Cheddar Cheese and Mixed Greens on your choice of Roll or Wrap $6.95

Consuming raw or undercooked meats, seafood and eggs may increase your risk of food borne illness.