# Plaza Cafe

## Breakfast
- **Pancake Sandwich:** Two Pancakes with Ham, Grilled Egg and Cheddar. Finished with Syrup and Dusted with Sugar. Served with Home fries - $4.75
- **Blount’s Homestyle Tomato** - 4.25/5.25
- **Chicken Stir Fry:** Tender Chicken tossed with crisp fresh Vegetables in a Tangy Sauce. Served over Basmati Rice - $6.95
- **Maple Mustard Ham & Swiss:** Sliced Ham and Swiss Cheese Grilled on a Whole Wheat Ciabatta with Maple Mustard, Arugula, Caramelized Onions and Tomatoes. Served with House Cooked Chips. - $6.95
- **Loaded Breakfast Panini:** Texas Toast with Virginia Ham, Swiss, Bacon, Spinach, Tomato, and Mayo. Lightly pressed and Served with Home Fries. - $5.25
- **English Muffin French Toast:** Whole Wheat English Muffin dipped in French Toast Batter and Grilled. Served with Sausage and Home Fries. - $4.25
- **Blount’s Chicken Poblano** - 4.25/5.25
- **Baked Salmon Cakes:** Atlantic Salmon, fresh herbs and Seasonings. Baked in Crisp Panko Crumbs with a Lemon Dill Sauce. Served with Vegetable Slaw and Couscous. - $6.95
- **Philly Steak Bomb:** Lean Shaved Steak grilled with Peppers and Onions. Served on Sub Roll with House Cooked Chips. - $6.95
- **Spinach and Artichoke Omelet:** Fresh Baby Spinach, Artichoke, Cheddar and Diced Tomato folded into a 3 Egg Omelet. Served w/ Fruit Salad and Whole Wheat English. - $5.50
- **Blount’s Minestrone** - 4.25/5.25
- **Beef Chow Yoke:** Tender Beef with Mushrooms and Sweet Onions in an Oyster Sauce. Served over Lomein Noodles with Steamed Broccoli. - $6.95
- **Butternut Squash Mac n Cheese:** Served with a side of Roasted Green Beans with a fresh Dinner Roll. - $5.95
- **Chicken and Waffles:** Two Waffle Wedges served with Crispy Chicken Tenders, Maple Syrup and Fresh Fruit Salad. - $5.75
- **Blount’s New England Clam Chowder** - 4.25/5.25
- **Buffalo Mac n Cheddar:** Crispy Spiced Chicken in a Sharp Cheddar Sauce with Cavatappi Pasta and Parmesan Crumbs. Served with Bean and Carrots - $6.95
- **Angus Cheddar Burger:** Served on a Soft Baked Kaiser Roll with Hot Pepper Relish, Lettuce, Tomato and Pickle. Served with House Cooked Chips. - $6.95

## Soup
- **Blount’s Homestyle Tomato** - 4.25/5.25
- **Wild Mushroom Barley** - 4.25/4.85
- **Blount’s Chicken Poblano** - 4.25/5.25
- **Blount’s New England Clam Chowder** - 4.25/5.25
- **Blount’s Minestrone** - 4.25/5.25
- **Blount’s Chicken Poblano** - 4.25/5.25
- **Butternut Squash Mac n Cheese** - 4.25/5.25

## Entree
- **Chicken Stir Fry:** Tender Chicken tossed with crisp fresh Vegetables in a Tangy Sauce. Served over Basmati Rice - $6.95
- **Baked Salmon Cakes:** Atlantic Salmon, fresh herbs and Seasonings. Baked in Crisp Panko Crumbs with a Lemon Dill Sauce. Served with Vegetable Slaw and Couscous. - $6.95
- **Beef Chow Yoke:** Tender Beef with Mushrooms and Sweet Onions in an Oyster Sauce. Served over Lomein Noodles with Steamed Broccoli. - $6.95
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**Consuming raw or undercooked meats, seafood and eggs may increase your risk of food borne illness.**

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**Café Hours**

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakfast</th>
<th>Snacks &amp; Bev.</th>
<th>Lunch</th>
<th>Snacks &amp; Bev.</th>
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<tbody>
<tr>
<td>7:30-10:30</td>
<td>10:30-11:30</td>
<td>11:30-2:00PM</td>
<td>2:00-2:30PM</td>
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**Menu subject to change**

- **V** = Vegetarian Selection
- **VV** = Vegan Selection
- **HB** = Healthy Balance Selection
- **GF** = Gluten Free Selection