### Breakfast

**Pancake Sandwich:** Two Pancakes with Ham, a Grilled Egg topped with Cheddar. Served with Syrup & Dusted with Sugar. Comes with Home Fries. **$4.75**

**Soup**

- Blount’s Shrimp and Roasted Corn Chowder **4.25/5.25**

**Entrée**

- **Oven Fried Chicken:** Choose 2 pieces (large and small) Served with Baked Mac n Cheddar, Cole Slaw and Fresh Watermelon. **$7.20**

**Panini**

- **The Vermonter:** Smoked Ham, Sliced Apple, Arugula, Maple Mayo and Caramelized Onions. Served on a Ciabatta Roll with House Cooked Chips. **$6.95**

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### Soup

**Blount’s Organic Black Bean**  **$4.25 / $5.25**

### Entrée

**General Tso's Pork Stir Fry:** Tender Strips of Pork Loin tossed with Broccoli, Sugar Snaps, Bok Choy, Onions, Carrots and Red Peppers over Basmati Rice. **$6.95**

**Panini**

- **Meatball Melt:** Italian Style Meatballs, Marinara Sauce and Provolone Cheese on a Soft Baked Sub Roll with House Cooked Chips. **$6.95**

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### Breakfast

**Loaded Breakfast Panini:** Texas Toast with Virginia Ham, Swiss, Bacon, Spinach, Tomato, and Mayo. Lightly pressed and Served with Home Fries. **$5.25**

**Soup**

- Blount’s Chicken Poblano **4.25/5.25**

**Entrée**

- **Taco Bar:** Choose from Southwest Chicken, Seasoned Beef, or Roasted Vegetables with Cheddar, Salsa, Sour Cream, Lettuce and Hot Sauce. Served with Beans and Rice. **$7.20**

**Panini**

- **Chipotle Chicken:** Grilled Chicken with Chipotle Mayo, Grilled Onions and Peppers, Tomatoes and Pickles. Served on a Fresh Baked Panzano Roll. **$6.95**

### Soup

**Blount’s New England Clam Chowder**  **$4.25 / $5.25**

### Entrée

**Fish n Chip Friday:** Fresh local Haddock lightly battered and fried. Served with Cole Slaw, Tartar Sauce and Lemon. **$7.50**

**Panini**

- **Tuna Florentine:** Albacore Tuna Salad, Baby Spinach and Swiss. Grilled on a Fresh Baked Ciabatta Roll or Wrap. Served with House Cooked Chips. **$6.95**

### Before placing your order, please inform your server if a person in your party has a food allergy.

### Café Hours

**Breakfast** 7:30-10:30AM  
**Snacks & Bev.** 10:30-11:30AM  
**Lunch** 11:30-2:00PM  
**Snacks & Bev.** 2:00-2:30PM

### Conclusion

Consuming raw or undercooked meats, seafood and eggs may increase your risk of food borne illness. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.